

# St. Louis Catholic Church

53 Allen Street East, Waterloo ON N2J 1J3 Tel: 519-743-4101  
Email: stlouiswaterloo@hamiltondiocese.com Web site: www.saintlouisparish.ca  
Served by the Congregation of the Resurrection since 1890.

**Office hours:** Monday – Thursday 9 - 12 and 1- 4, Friday 9 - 12

**Weekday Masses:**  
Tuesday – Friday 9:00 a.m.  
*Rosary: Tuesday to Friday  
before 9:00 a.m. Mass*

**Sunday Masses:**  
**Saturday: 5:00 p.m.**  
**Sunday: 9:30 a.m.**  
**11:30 a.m.**



St Louis Catholic Church

## Pastoral Team:

### **Pastor**

Father Phil Reilly, C.R.  
preilly@hamiltondiocese.com

### **Coordinator of Youth and Children's Ministries**

Kelly Krause  
kkrause@hamiltondiocese.com

### **Parish Secretary**

Anna Malton  
stlouiswaterloo@hamiltondiocese.com

### **Custodian**

Doug Lichty

**Welcome new members** - Whether you are just passing through the area or looking for a spiritual home, we welcome you to St. Louis Catholic Church. We hope you will find our worship environment hospitable and prayerful. People often attend Mass at a parish for months or years without officially registering. Registration here at St. Louis is an expression of your commitment to being an active member of our community. Parish registration simplifies the process with regard to sponsoring a sacramental candidate; obtaining pastoral references and for preparation of baptisms, weddings and funerals. Registration is easy and can be completed at the Parish Office during regular office hours. Registration forms are available at the back of the Church.

**Parish Records** - Our parish records are very important. We try to keep them up to date. Please advise the office of any changes.

**Music in the Liturgy** - Music plays an integral role in the liturgical life of the parish. Parishioners are invited to join our choirs. Please contact the choir directors:

- 9:30 Choir - Bob Reinhart (robertreinhart182@msn.com),
- 11:30 Choir - Donna McLellan (donna-ipad@hotmail.com),
- 5:00 Choir - Peter DeSousa (organist) or Youth Music.

**Sunday programs for children** - During the Sunday morning 9:30 a.m. Mass there is babysitting for children under 3 years of age, Sunday School for 3 to 6 years of age and Children's Liturgy of the Word for children ages 7 and up.

**Sacramental Life** - St. Louis Parish celebrates the sacraments for its members who are registered and regularly attending. If you are not registered you are automatically a member of a parish closest to you.

**Baptism** - Celebrated once a month. Please speak with a priest after Mass on Sunday.

**Sacrament of Reconciliation** - Saturdays 4 - 4:30 p.m., or by appointment.

**Marriage** - For registered and supporting members, please contact the parish office at least one year in advance of your date.

**Becoming Catholic** - Rite of Christian Initiation of Adults, preparing adults for baptism and/or to join the community. Please contact the office for further information.

**Anointing and Pastoral Care** - Our parish community cares about the sick and elderly and the lonely. Please notify the parish office to arrange for them to receive the Anointing of the Sick, or to have the Holy Communion brought to them.

**Pastoral Care to those in Hospital** - A family member is asked to contact the parish whenever a parishioner is in hospital and requests a pastoral visit, or Sacrament of the Sick (Anointing).

**Priesthood and Religious Life** - Is God calling you to religious life, as a Brother, Deacon or Priest? If so, please contact the Vocation Director for the Congregation of the Resurrection, at crvocations@gmail.com or www.resurrectionist.ca

**Diocesan Newsletter** - For information about Activities and Events of interest in the Diocese of Hamilton, subscribe to the online Diocesan Newsletter at www.hamiltondiocese.com

## Parish Organizations and Contacts:

### **Finance Council**

Terry Collins, 519-741-1534

### **Maintenance Committee**

Bob Lorentz, 519-576-5556

### **OOTC Community Suppers**

Keith & Sharon Schnarr 519-801-8687

### **Parish Webmaster**

Daniel Delattre, daniel@uwaterloo.ca

### **Altar Servers Coordinator**

Dave Pagett, 519-744-7705

### **Catechesis Of The Good Shepherd, Youth Ministry**

Kelly Krause, 519-743-4101

### **Catholic Women's League**

Donna Herbstreit, 519-884-9380  
donna.marie2000@icloud.com

### **Ministry to the Elderly & Homebound**

Cecilia Beechey, 519-572-5435

### **Prayer Shawl Ministry**

Sandra Williams, 519-742-9239

### **Prayer Chain**

Sharon Carey, 519-746-8073

### **St. Vincent De Paul**

For food hamper or more  
information call 519-743-4101



# SECOND SUNDAY IN LENT

## MASS INTENTIONS and EVENTS

### Monday, March 6 – No Mass

9 AM – NOON Pickle Ball Gym  
7:30 PM Lenten Bible Study (2/5) L. Hall

### Tuesday, March 7

#### 9:00 AM To Bring Our Loved Ones Home to the Church

9:30 AM Book Group L. Hall  
6:30 PM Choir Rehearsal for 11:30 AM Mass Church

### Wednesday, March 8

#### 9:00 AM † Ann Reilly

9 AM – NOON Pickle Ball Gym  
1:30 or 7:00 PM SVDP Lenten Conversation L. Hall

### Thursday, March 9

#### 9:00 AM Intentions of the Hamilton Catholic Engaged Encounter

Community – Annette & Frank Hulme for CEE District 2  
9:30 AM Lenten Bible Study (2/5) L. Hall

### Friday, March 10

#### 9:00 AM † Rosemary Peterson – Peterson Family

9 AM – NOON Pickle Ball Gym

#### 7:00 PM Stations of the Cross – led by Prayer Shawl Ministry

### Saturday, March 11

9 AM – NOON SVDP project L. Hall - kitchen

### Vigil of Third Sunday in Lent

5:00 PM † Gerard Lorentz – Barb Lorentz & Family  
† Magdalena Snyder – Delattre Family  
† Brian Heimpel – Delattre Family  
† Irene Weatherhead – Nick & Margaret Naciuk

### Sunday, March 12 – Third Sunday in Lent

9:30 AM † Edna Ertel – Larry Ertel  
† Brian Galvin – Malton Family  
† Mary Reick – Louanne Miller

#### 11:30 AM People of St. Louis Church

10:30 AM Sunday Social L. Hall  
12:30 PM Lenten Bible Study (3/5) L. Hall  
5:00 PM OOTC Community Supper Gym  
2:45 PM – 8 PM Set-up to Clean-up

### First Reading from Genesis 12:1 – 4

Today's first reading is one of three accounts of the covenant that God made with Abram. The other two accounts are Gen 15 & Gen 17:1-21. Each is interesting in its own right, but together they paint a vibrant picture of Abram's relationship with God. It is in the last of these three accounts that God changes Abram's name to Abraham, meaning "father of nations." But in this first account we hear today, we learn of God's invitation to Abram to leave his family and homeland to migrate to Shechem in the land of Canaan, which is the central part of the West Bank today. Later he would migrate to Negev in southern Israel.

Tradition tells us that he was living in Haran (in modern south-eastern Turkey) at the time, but his original homeland was Ur of the Chaldees (in southern Iraq today). These are extremely long distances to travel on foot and with all their flocks and other belongings, especially when the command from God that he does not yet know is so vague: "Go ... to the land that I will show you."

This same God bestows a series of blessing on Abram. Some biblical scholars argue, based on the Hebrew text, that there are seven, but the English translation makes it hard to enumerate them exactly. Seven is a perfect number, representing fullness. God also gives two promises: multitudes of descendants and possession of the land. Constructing altars to the God who appeared to Abram indicates that he acknowledges God as One in authority. (From the Workbook for Lectors & Proclaimers of the Word)

## Stations of the Cross – on Fridays in Lent at 7 PM.



Saint Francis de Sales, was in many ways rather like us, struggling to learn patience, wanting to vault the spiritual heights, but consigned to the baby steps. This is a man who knows better than to grab at the high shelf before he has grown

enough to reach it, or to settle for the low one out of laziness. And so he writes:

*God takes pleasure to see you take your little steps; and like a good father who holds his child by the hand, he will accommodate his steps to yours and will be content to go no faster than you. Why do you worry?*

Baby steps ...

*You learn to speak by speaking, to study by studying, to run by running, to work by working; and just so, you learn to love by loving. All those who think to learn in any other way deceive themselves.*

Don't panic if you don't have your Lenten season "all settled" today:

*Never be hurried in anything. Do all things calmly and in a spirit of repose. Do not lose your inward peace, even if everything seems to be going wrong. What is anything in life compared to peace of soul?*

First identify what is fundamental:

*Examine your heart often to see if it is such toward your neighbor as you would like his to be toward you were you in his place. This is the touchstone of true reason.*

And don't kid yourself. (Maybe the first rule of Lent is "don't kid yourself.")

*We all colour devotion according to our own likings and dispositions. One man sets great value on fasting, and believes himself to be leading a very devout life, so long as he fasts rigorously, although the while his heart is full of bitterness — and while he will not moisten his lips with wine, perhaps not even with water, in his great abstinence, he does not scruple to steep them in his neighbour's blood through slander and detraction.*

All of these quotes are taken from *The Introduction to the Devout Life*. (From [aleteia.org/2016/02/10/not-quite-ready-for-lent-francis-de-sales-offers-a-perfect-assist/](http://aleteia.org/2016/02/10/not-quite-ready-for-lent-francis-de-sales-offers-a-perfect-assist/))



Volunteers Needed! St. Louis CWL is looking for 1-2 parishioners (do not have to be a CWL member or a woman) to lead our Funeral Lunches. Duties include: communicating with the rectory, family and caterers and arranging for volunteers to assist with the set-up, serving and clean-up. We are looking for those with strong communication and leadership skills who are comfortable working in the kitchen. Please contact our President, Donna Herbstreit for more info: 519-741-6390.



In early February, parts of **Turkey and Syria** experienced devastating earthquakes. The earthquakes have left both countries in a state of crisis that is made worse by exposure to aftershocks and winter storms. Donations to the Relief Fund are being collected March 4 & 5 and 11 & 12. After that time the funds will be forwarded to the Diocese and then to Relief Agencies.

**2023 Diocesan Wedding Anniversary Mass** – celebrated by Bp. Crosby on Sun., April 16, at 1:30 PM at Cathedral Basilica of Christ the King. The Mass is for couples celebrating their 25<sup>th</sup>, 40<sup>th</sup>, 50<sup>th</sup> or 60<sup>th</sup> year (or each year after 60!) of marriage in the year 2023. To register (by March 26<sup>th</sup>) go to [www.hamiltondiocese.com](http://www.hamiltondiocese.com), or call Sarah at 905-528-7988 X 2249.



**"Whatever you do, for the least of my brothers. You do it for Me."** Let's talk about it this Lent.

The St. Louis Conference of The Society of St. Vincent de Paul invites you to join them for a coffee and discussion in the large hall on **Wednesday, March 8 at 1:30 pm or 7:00 pm.** Help us discover: Who are the poor? Where are they? How should we help? How can I help? What do you want to know about The Society of St. Vincent de Paul?

**Evenings with His Excellency** – Bishop Wayne Lobsinger invites everyone to join him for "Evenings with His Excellency". This is an opportunity to learn more about our Catholic Faith based on the Catechism of the Catholic Church. Class is the second Friday of each month (**March 10**), at 7 - 8:30 PM at St. Ann Church, Ancaster. This month we will begin our look at The 10 Commandments. It is also available by livestream on St. Ann's YouTube channel. No cost, no homework, just an opportunity to learn about our faith, all are welcome.



**World Youth Day at Home** - We know many young people are unable to make the international pilgrimage to celebrate World Youth Day this summer in Lisbon. We invite any young person who is interested in gathering together to celebrate World Youth Day here at home in Diocese of Hamilton this August to let us know by completing the survey found at: [wyd.hamiltondiocese.com](http://wyd.hamiltondiocese.com). This survey closes **March 10<sup>th</sup>**.

**Solemnity St. Joseph** - Mass on Monday, March 20, at 3 PM in the newly renovated Chapel at the Carmel of St. Joseph, St Agatha. The celebrant will be Bishop Wayne Lobsinger. Light refreshments to follow.

**Young Adults Night** – Saturday, April 1<sup>st</sup> – Guelph, Basilica of Our Lady Immaculate (28 Norfolk St.) - Fr. Mark Morley invites all young adults (ages 20s and early 30s) of our diocese to attend a night of Adoration, Fellowship and Praise Music. Arrival and Holy Hour (6:30 PM - 7:30 PM), Social with Food (7:30 PM - 8:30 PM), Praise Night and Vocation Testimony (8 – 9 PM), and Compline (9 PM). Sponsored by the Vocations Office of the Diocese of Hamilton. For more info., contact: [vocations@hamiltondiocese.com](mailto:vocations@hamiltondiocese.com).



Peter, James and John had a mountaintop experience with Jesus by witnessing His transfiguration. We too can have a mountaintop experience when we open our minds and hearts to following God's Will for our life. If God is calling you to serve Him as a priest, deacon, brother or sister or consecrated virgin, contact Fr. Mark Morley, Director of Vocations and Priestly Formation, 905-528-7988, [vocations@hamiltondiocese.com](mailto:vocations@hamiltondiocese.com), or Fr. Raphael Ma, Congregation of the Resurrection Vocation Director, at [rvocations@gmail.com](mailto:rvocations@gmail.com), or Carmel of St. Joseph, St. Agatha, at 519-884-6700. Pray for vocations!



**Resurrectionist Vocation Minute** - The vocation to Consecrated Life is a responsibility and promise. It is a responsibility entrusted to men and women, to contemplate, to live from that original encounter of love, that call, that invitation from the Risen, Transfigured Lord – and to be faithful to this until our own day of Resurrection. Yet it is at the same time a promise: that the day is coming. Read more at [www.resurrectionists.ca](http://www.resurrectionists.ca)

**Mini Lenten Retreats** - The Apostles of the Resurrection invite you to spend 15 minutes in prayer each Sunday this Lent, using their mini Lenten Retreat videos. The retreats focus on the Sunday Gospel and follow a Lectio Divina format, including times for personal reflection. Every Sunday a new video will be available on the CR website, [www.resurrectionists.ca](http://www.resurrectionists.ca), we hope you will participate in these retreats as you are able. The focus for this Second Sunday of Lent is The Call to Holiness.

**PRAYERS STRAIGHT FROM THE BIBLE - PSALMS:**

An ancient tradition of the Church involves the meditation during Lent on seven Psalms, called the "Penitential Psalms" because of their spiritual themes of penance and conversion. It is believed that the designation of these Psalms as "penitential" began way back in the 7th century and has persisted ever since.

Below is the beginning of each Psalm, expressing the sorrow within a person's heart for sins against God's goodness:

**Psalm 6** - Do not reprove me in your anger, Lord, nor punish me in your wrath. Have pity on me, Lord, for I am weak; Heal me, Lord, for my bones are shuddering...

**Psalm 32** - Blessed is the one whose fault is removed, whose sin is forgiven. Blessed is the man to whom the Lord imputes no guilt, in whose spirit is no deceit. Because I kept silent, my bones wasted away; I groaned all day long. For day and night your hand was heavy upon me; my strength withered as in dry summer heat...

**Psalm 38** - Lord, do not punish me in your anger; in your wrath do not chastise me! Your arrows have sunk deep in me; your hand has come down upon me. There is no wholesomeness in my flesh because of your anger; there is no health in my bones because of my sin. My iniquities overwhelm me, a burden too heavy for me...

**Psalm 51** - Have mercy on me, God, in accord with your merciful love; in your abundant compassion blot out my transgressions. Thoroughly wash away my guilt; and from my sin cleanse me. For I know my transgressions; my sin is always before me. Against you, you alone have I sinned; I have done what is evil in your eyes...

**Psalm 102** - Lord, hear my prayer; let my cry come to you. Do not hide your face from me in the day of my distress. Turn your ear to me; when I call, answer me quickly. For my days vanish like smoke; my bones burn away as in a furnace...

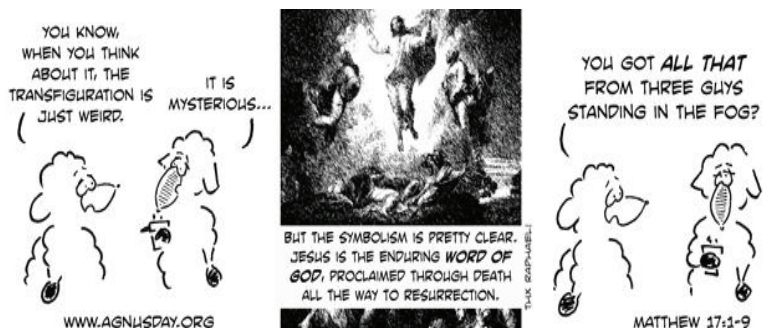
**Psalm 130** - Out of the depths I call to you, Lord; Lord, hear my cry! May your ears be attentive to my cry for mercy. If you, Lord, keep account of sins, Lord, who can stand? But with you is forgiveness and so you are revered...

**Psalm 143** - Lord, hear my prayer; in your faithfulness listen to my pleading; answer me in your righteousness. Do not enter into judgment with your servant; before you no one can be just. The enemy has pursued my soul; he has crushed my life to the ground...

(Psalm translation from New American Bible with Hebrew numbering.)  
(From [aleteia.org/2019/03/03/7-penitential-psalms-to-meditate-on-during-lent](http://aleteia.org/2019/03/03/7-penitential-psalms-to-meditate-on-during-lent))

Sunday	Loose	Mainten.	Diocesan	Pre Auth.
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